

Clinical Policy: Wireless Motility Capsule

Reference Number: CP.MP.143

Last Review Date: 03/19

[Coding Implications](#)

[Revision Log](#)

See [Important Reminder](#) at the end of this policy for important regulatory and legal information.

Description

The wireless motility capsule (WMC) assesses gastroparesis or delayed gastric emptying. The WMC is an orally ingested, nondigestible, data-recording device that enables the simultaneous assessment of regional and whole gut transit.

Policy/Criteria

It is the policy of health plans affiliated with Centene Corporation® that WMC is **not medically necessary** for the evaluation of suspected gastric and intestinal motility disorders, as well as all other indications. There is a paucity of peer-reviewed, evidence-based literature to determine that the diagnostic performance and clinical utility surpass conventional means of measuring gastric emptying.

Background

The U.S. Food and Drug Administration approved WMC for the evaluation of patients with suspected gastroparesis, even though there is no sign of a blockage. The WMC, which is a 26 x 13 mm size capsule with a battery life of five days, is also proposed to evaluate colonic transit time in patients with chronic idiopathic constipation; in addition, it is noted to continuously measure the temperature, pH, and pressure of its surrounding environment while traveling through the gastrointestinal tract, via gut peristalsis, until exiting the body through the anus.⁶

After eating a standard meal, the member swallows the capsule and wears a small monitor that makes telemetry recordings. The established cutoff point for gastric emptying time is 300 minutes. Gastric emptying of the WMC seems to occur with the Phase III migrating motor complex, signifying completion of postprandial phase and return of the fasting state. It assesses small bowel transit time by a sharp increase in pH on entry into duodenum and by a fall in pH at the ileocecal junction. However, in 15% of patients, this pH drop is not observed and this may be related to the ileocecal valve incompetence.⁶ An example of a wireless GI motility monitoring system is the SmartPill GI monitoring system 2.0.

Advantages of the WMC include that it is wireless and painless and contains no radiation. Disadvantages of the capsule include failure to capture data that would require repeat testing; and delay or total failure to pass the capsule, requiring serial x-rays to document passage or endoscopic or surgical removal. Another disadvantage is that it should not be used in patients with a possible stricture, altered anatomy, or severe pyloric stenosis.⁹ Patients ideally should be able to tolerate not using proton pump inhibitors and histamine 2 blockers before testing.⁸

Agency for Healthcare Research and Quality

Based on current literature, the WMC appears to be accurate in detection of gastroparesis and slow-transit constipation and may provide increased diagnostic gain as compared with standard motility testing. However, evidence is insufficient to determine whether use of the WMC will

CLINICAL POLICY

Wireless Motility Capsule

improve outcomes of care. One goal would be to define the populations who would benefit most from motility testing, including WMC testing.⁹

American College of Gastroenterology

Guideline for management of gastroparesis indicates that WMC requires further validation before it can be considered as an alternative to scintigraphy for diagnosis of gastroparesis.³

American Journal of Gastroenterology

Alternative approaches for assessment of gastric emptying include wireless capsule motility testing and 13 C breath testing using octanoate or spirulina incorporated into a solid meal; they require further validation before they can be considered as alternates to scintigraphy for diagnosis of gastroparesis.² (Conditional recommendation, moderate level of evidence)

BlueCross BlueShield Association Technology Evaluation Center

This society concluded that the WMC does not meet the TEC criteria, but that the limited body of evidence on the diagnostic characteristics of SmartPill does reveal correlations between SmartPill and other tests that indicate some capability to distinguish diseased from non-diseased persons.²

American and European Neurogastroenterology and Motility Societies

Tests of gastrointestinal transit are available and useful in the evaluation of patients with symptoms suggestive of gastrointestinal dysmotility, since they can provide objective diagnosis and a rational approach to patient management.⁴

Studies note that WMC is comparable in accuracy to current modalities in use for detection of slow-transit constipation and gastric emptying delay, and is therefore another viable diagnostic modality. However, little data are available to determine the optimal timing of this device for diagnostic algorithms.¹²

Other studies have noted that the sensitivity and specificity of the WMC is comparable to radiopaque marker test and scintigraphic gastric emptying. WMC is well tolerated, has good compliance, and avoids the risk of radiation exposure. However, it is not clear that it provides added clinical value in most patients.^{6, 8, 10}

Coding Implications

This clinical policy references Current Procedural Terminology (CPT[®]). CPT[®] is a registered trademark of the American Medical Association. All CPT codes and descriptions are copyrighted 2019, American Medical Association. All rights reserved. CPT codes and CPT descriptions are from the current manuals and those included herein are not intended to be all-inclusive and are included for informational purposes only. Codes referenced in this clinical policy are for informational purposes only. Inclusion or exclusion of any codes does not guarantee coverage. Providers should reference the most up-to-date sources of professional coding guidance prior to the submission of claims for reimbursement of covered services.

CLINICAL POLICY
Wireless Motility Capsule

CPT® Codes	Description
91112	Gastrointestinal transit and pressure measurement, stomach through colon, wireless capsule, with interpretation and report

HCPCS Codes	Description
N/A	

ICD-10-CM Diagnosis Codes Related to Procedure

ICD-10-CM Code	Description
K31.84	Gastroparesis
K59.01	Slow transit constipation
K59.04	Chronic idiopathic constipation

Reviews, Revisions, and Approvals	Date	Approval Date
New payment policy developed.	04/17	04/17
References reviewed and updated.	02/18	03/18
References reviewed and updated.	03/19	03/19

References

1. Arora Z, Parungao JM, Lopez R, et al. Clinical utility of wireless motility capsule in patients with suspected multiregional gastrointestinal dysmotility. *Dig Dis Sci*. 2015; 60(5):1350-1357.
2. BlueCross BlueShield Association (BCBSA), Technology Evaluation Center (TEC). Wireless motility capsule in the diagnosis and evaluation of gastroparesis or slow-transit constipation. TEC Assessment Program. Chicago, IL: BCBSA; October 2012;27(4).
3. Camilleri M, Parkman HP, Shafi MA, et al. American College of Gastroenterology. Clinical guideline: management of gastroparesis. *Am J Gastroenterol*. 2013; 108(1):18-37.
4. Camilleri M, Bharucha AE, di Lorenzo C, et al. American Neurogastroenterology and Motility Society consensus statement on intraluminal measurement of gastrointestinal and colonic motility in clinical practice. *Neurogastroenterol Motil*. 2008; 20(12):1269-1282.
5. Hayes. Medical Technology Directory. Wireless Capsule Systems for Diagnosis of Gastroparesis and Monitoring of Gastrointestinal Motility. October 22,, 2018. Accessed March 05, 2019.
6. Lembo AJ. Overview of Gastrointestinal Testing. In: UpToDate. Talley NJ (Ed) UpToDate, Waltham, MA Accessed March 05, 2019.
7. Rao SS, Camilleri M, Hasler WL, et al. Evaluation of gastrointestinal transit in clinical practice: position paper of the American and European Neurogastroenterology and Motility Societies. *Neurogastroenterol Motil*. 2011.
8. Saad RJ. The Wireless Motility Capsule: a One-Stop Shop for the Evaluation of GI Motility Disorders. *Curr Gastroenterol Rep*. 2016 Mar;18(3):14. doi: 10.1007/s11894-016-0489-x.
9. Stein E, Burger Z, Hutless S, et al. Wireless Motility Capsule Versus Other Diagnostic Technologies for Evaluating Gastroparesis and Constipation: A Comparative Effectiveness

- Review. Agency for Healthcare Research and Quality (US); 2013 May. Available at: <http://www.ncbi.nlm.nih.gov/books/NBK143974/>.
10. Tran K, Brun R, Kuo B. Evaluation of regional and whole gut motility using the wireless motility capsule: relevance in clinical practice. *Therap Adv Gastroenterol*. 2012; 5(4):249-260.
 11. U.S. Food and Drug Administration 510(k) Premarket Notification Database. SmartPill GI Monitoring System. Version 2.0 Summary of Safety and Effectiveness No. K092342. Rockville, MD: FDA. October 30, 2009. Available at: http://www.accessdata.fda.gov/cdrh_docs/pdf9/K092342.pdf.
 12. Farmer AD, Wegeberg AL, Brock B, et al. Regional gastrointestinal contractility parameters using the wireless motility capsule: inter-observer reproducibility and influence of age, gender and study country. *Aliment Pharmacol Ther*. 2018 Feb;47(3):391-400. doi: 10.1111/apt.14438.
 13. Lee AA, Rao S, Nguyen LA, et al. Validation of Diagnostic and Performance Characteristics of the Wireless Motility Capsule in Patients With Suspected Gastroparesis. *Clin Gastroenterol Hepatol*. 2018 Dec 14. pii: S1542-3565(18)31381-8. doi: 10.1016/j.cgh.2018.11.063

Important Reminder

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. “Health Plan” means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan’s affiliates, as applicable.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable Health Plan-level administrative policies and procedures.

This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

CLINICAL POLICY

Wireless Motility Capsule



This clinical policy does not constitute medical advice, medical treatment or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members. This clinical policy is not intended to recommend treatment for members. Members should consult with their treating physician in connection with diagnosis and treatment decisions.

Providers referred to in this clinical policy are independent contractors who exercise independent judgment and over whom the Health Plan has no control or right of control. Providers are not agents or employees of the Health Plan.

This clinical policy is the property of the Health Plan. Unauthorized copying, use, and distribution of this clinical policy or any information contained herein are strictly prohibited. Providers, members and their representatives are bound to the terms and conditions expressed herein through the terms of their contracts. Where no such contract exists, providers, members and their representatives agree to be bound by such terms and conditions by providing services to members and/or submitting claims for payment for such services.

Note: For Medicaid members, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.

Note: For Medicare members, to ensure consistency with the Medicare National Coverage Determinations (NCD) and Local Coverage Determinations (LCD), all applicable NCDs, LCDs, and Medicare Coverage Articles should be reviewed prior to applying the criteria set forth in this clinical policy. Refer to the CMS website at <http://www.cms.gov> for additional information.

©2017 Centene Corporation. All rights reserved. All materials are exclusively owned by Centene Corporation and are protected by United States copyright law and international copyright law. No part of this publication may be reproduced, copied, modified, distributed, displayed, stored in a retrieval system, transmitted in any form or by any means, or otherwise published without the prior written permission of Centene Corporation. You may not alter or remove any trademark, copyright or other notice contained herein. Centene® and Centene Corporation® are registered trademarks exclusively owned by Centene Corporation.